



UC San Diego

SCHOOL OF MEDICINE

THE UNIVERSITY OF CALIFORNIA, SAN DIEGO SCHOOL OF MEDICINE  
CONTINUING MEDICAL EDUCATION

Certifies that **Beatrix Toto** has participated in the educational activity titled  
**5-Day Professional Training entitled Mindful Eating, Conscious Living**  
**at the Chapin Mill Retreat Center, Batavia, NY on August 4-9, 2012**

CREDITS CLAIMED: 29

**APA** (Full attendance is required): The University of California, San Diego School of Medicine, Department of Psychiatry is approved by the American Psychological Association to sponsor continuing education for psychologists. The University of California, San Diego School of Medicine, Department of Psychiatry maintains responsibility for this program and its content.

**BBS**: Course meets the qualifications for 29 hours of continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences. (UCSD Provider Number PCE 683)

**CDR**: This program has been approved by the Commission on Dietetic Registration for 29 CPEUs

*Participants should only claim credit commensurate with the extent of their participation in the activity.*

A handwritten signature in black ink, appearing to read "SDH", with "Psy.D." written below it.

Steven D. Hickman, Psy.D.

Associate Clinical Professor, UCSD Department of Psychiatry, Director: UCSD Center for Mindfulness